

## Dr. Mohammad Maqbool Dar

Professor & Head, Institute of Mental Health and Neurosciences, Kashmir  
(Associated Hospital of Government Medical College, Srinagar)



### Education and qualification

Degree	Year of passing	College/Institute
MBBS	1989	Government Medical College, Srinagar
MD in Psychiatry	1996	Institute of Mental Health & Neurosciences Kashmir

### Expertise and Interest:

- Mental health & Spirituality
- Mood disorders

### Affiliations and memberships

- Indian Association of Private Psychiatrists (IAPP)
- Indian Psychiatric Society (IPS)

### Ongoing projects

- Certifiable Disability In Patients With Schizophrenia And Its Correlates—A Hospital Based Study From Kashmir
- Children With Intellectual Disability, Impact On Caregivers: A Cross Sectional Study From Kashmir
- Psychological Well- Being And Burden In Caregivers Of Patients Of Schizophrenia Admitted In a Psychiatric Hospital In Kashmir
- Pattern of psychiatric morbidity among geriatric patients attending the geriatric clinic at Community General Hospital Unit- IMHANS, Kashmir

### Awards & Achievements

- Chaired various sessions of Annual National Conferences of Indian Psychiatry Society (IPS)
- Chaired various sessions of Annual National Conferences of Indian Association of Private Psychiatrists (IAPP)
- Resource person for various National & Local Workshops.

### Contact email:

dardrmaqbool@gmail.com

## **Dr. Arshad Hussain**

Professor, Institute of Mental Health and Neurosciences,  
Kashmir (Associated Hospital of Government Medical  
College, Srinagar)



### **Education and qualification**

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Degree	Year of passing	College/Institute
MBBS	1998	Government Medical College, Srinagar
MD in Psychiatry	2004	Institute of Mental Health & Neurosciences Kashmir

### **Expertise and Interests:**

- Trauma
- Bipolar Affective Disorder
- Metabolic syndrome
- Neurocognitive disorders

### **Recognitions**

- Guest Editor Covid Special Issue-Journal of medical Sciences.

### **Affiliations and memberships**

- Convener Disaster Sub Committee, Indian Association of Private Psychiatrists (IAPP)
- Convener, PG Psychiatry Education-Sub Committee, Indian Psychiatric Society (IPS)
- Chairperson Award Committee Member, Indian Psychiatric Society (IPS)- North Zone
- Indian Association of Social Psychiatry.

### **Ongoing projects**

- International Project of WHO Consortium on Post Covid Neuropsychiatric illnesses– “Prevalence of neuropsychiatric sequelae and consequent disability in Covid-19 survivors”.
- Co-investigator in an ICMR Funded Project – “Study of the Polymorphism in Circadian System Genes in Bipolar and Seasonal Affective Disorders in Kashmir Population: Molecular and Biochemical aspects- A multi-centric project”.
- Parenting style in Juvenile Psychiatric disorders- A hospital based study
- Clinical and socio-demographic profiles of the patients availing Consultation-liaison psychiatry services in GMC Srinagar & associated hospitals.
- QTC Interval in patients on Psychotropic Medications.
- Psychiatric Morbidity In Families Of Covid-19 Related Deaths
- Psychiatric Morbidity In Covid-19 Survivors

### **Awards & Achievements:**

- Japanese Society of Psychiatry and Neurology Fellowship
- World Association of Social psychiatry Fellowship
- Fogarty Fellowship

### **Contact email:**

arshadtina@gmail.com

## Dr. Zaid Ahmad Wani

Professor, Institute of Mental Health and Neurosciences, Kashmir  
(Associated Hospital of Government Medical College, Srinagar)



### Education and qualification

Degree	Year of passing	College/Institute
MBBS	1998	Government Medical College, Srinagar
MD in Psychiatry	2005	Institute of Mental Health & Neurosciences Kashmir

### Expertise and Interest:

- Prevalence of Psychiatric Disorders with Factors
- Suicide factors, causations.
- Conflict Psychiatry

### Affiliations and memberships

- Indian Psychiatric Society (IPS)
- Indian Association of Private Psychiatrists (IAPP)
- JK Psychiatric Society

### Ongoing projects

- The Prevalence Of Thyroid Dysfunction And Vitamin D Deficiency In Children With Attention Deficit Hyperactivity Disorder
- Psychiatric Morbidity Among Natives of Kargil Visiting Outdoor Facility of A Tertiary Care Orthopedic Centre For Chronic Pain In Kashmir
- A Study Of Vitamin D Levels In Adults With Major Depressive Disorder, Bipolar Disorder And Schizophrenia, In A Treatment Seeking Population In Kashmir.
- Internalized stigma among patients of Schizophrenia, Depression, Bipolar disorder and OCD:-associations with quality of life, functioning and self esteem

### Awards & Achievements:

- Scientific program Coordinator in Indian Psychiatric Society (North-Zone) CME 2006
- Principal Investigator on Pilot Study on Alzheimer 's disease.
- Diplomat National Board Assessor
- Resource person for various National & Local Workshops.
- Visiting Faculty for various International Universities.
- Trained in Problem bases learning and team based learning along with traditional system of learning.
- GCP Certification for Clinical Trial according to FDA guidelines.

### Contact email:

zaidwani@gmail.com

## Dr. Yasir Hassan Rather

Professor, Institute of Mental Health and Neurosciences,  
Kashmir (Associated Hospital of Government Medical  
College, Srinagar)



### Education and qualification

Degree	Year of passing	College/Institute
MBBS	2003	Government Medical College, Srinagar
MD in Psychiatry	2007	Institute of Mental Health & Neurosciences Kashmir
Post-doctoral specialization in Addiction Psychiatry	2010	AIIMS, New Delhi

### Expertise and Interest:

- Addiction Psychiatry/Substance use Disorders
- Consultation Liaison Psychiatry
- Neuromodulation in Psychiatry

### Affiliations and memberships

- Indian Association of Private Psychiatrists (IAPP)
- Indian Psychiatric Society (IPS)

### Ongoing projects

- Community based Survey on identification and screening of people who inject drugs (PWID) in Union Territory of J&K-Kashmir Division-Pilot study in two districts.
- Predictors of Retention To Naltrexone Maintenance Therapy In Opioid Use Disorder Patients: A Prospective Study
- Seroprevalence of Hiv, Hepatitis B And Hepatitis C; The Associated Psychiatric Comorbidities And Stigma Among Injection Drug Users In Kashmir: A Hospital-Based, Cross-Sectional Study
- A study on the effect of Ketamine in Treatment Resistant Depression and in Depressive patients with active suicidal ideations among Kashmiri population.

### Awards & Achievements:

- Recipient of the Asian Young Psychiatrist Award, 3<sup>rd</sup> World Congress of Asian Psychiatry (WCAP)
- Awarded travelling Fellowship for "Second Asia Maudsley Forum" co-hosted by Institute of Psychiatry, Kings College, University of London: Department of Psychiatry, the University of Hong Kong, the Hong Kong College of Psychiatrist.
- Recipient of Travel Awardee of Young Career of Psychiatrist, to attend World Psychiatric Association – Regional Meeting, Kaoshiung, Taiwan.
- Recipient of Travel Award for "Workshop on Psychological Intervention after Disasters" – Organized by International Union of Psychological Science (IUPsyS) Beijing, China.

### Contact email:

yasirhrather@gmail.com

## **Dr. Rayees Ahmad Wani**

Assistant Professor, Institute of Mental Health and Neurosciences,  
Kashmir (Associated Hospital of Government Medical College,  
Srinagar)



### **Education and qualification**

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<b>Degree</b>	<b>Year of passing</b>	<b>College/Institute</b>
MBBS	2009	Government Medical College, Srinagar
MD in Psychiatry	2013	Institute of Mental Health & Neurosciences Kashmir

### **Expertise and Interest:**

- Bipolar Affective Disorder
- Metabolic Syndrome

### **Affiliations and memberships**

- Indian Psychiatric Society (IPS)- life ordinary
- Indian Association of Private Psychiatrists (IAPP)- member

### **Ongoing projects**

- A comparative study of Aripiprazole and Olanzapine and L-Methyl foliate augmentation in treatment resistant Obsessive Compulsive Disorder.

### **Contact email:**

[rayeeswani92@gmail.com](mailto:rayeeswani92@gmail.com)



## **Dr. JunaidNabi**

Assistant Professor, Institute of Mental Health and Neurosciences,  
Kashmir (Associated Hospital of Government Medical College,  
Srinagar)

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### **Education and qualification**

<b>Degree</b>	<b>Year of passing</b>	<b>College/Institute</b>
MBBS	<b>2009</b>	BharatiVidyapeeth Medical College,Pune
MD in Psychiatry	<b>2014</b>	MGM Medical College, Navi Mumbai
Post-doctoral fellowship in Geriatric psychiatry	<b>2018</b>	King George's Medical College,

### **Expertise and Interest:**

- Geriatric Psychiatry

### **Affiliations and memberships**

- Life fellow Indian psychiatry society
- Life fellow north zone , Indian psychiatry society
- Member Indian Association for Geriatric Mental Health
- Co convener Disaster Management, Task Force, IPS

### **Ongoing projects**

- A Multi-centric study of the profile of certification for psychiatric disability & utilization of disability certificate by persons with psychiatric disability'.Under Indian psychiatry society

### **Awards & Achievements:**

- Judged the poster session in 17th Annual national Conference of Indian Association of Biological Psychiatry.

### **Contact email:**

nabijunaid@gmail.com

## Dr. Sadaqat Rehman

Assistant Professor, Clinical Psychology Institute of Mental Health and Neurosciences, Kashmir (Associated Hospital of GMC, Srinagar)



### Education and qualification

Degree	Year of passing	College/Institute
M. A Cl. Psychology	1986	Aligarh Muslim University
M. Phil. in Cl. Psychology	1988	Aligarh Muslim University
Ph.D. in Cl. Psychology	1990	Aligarh Muslim University

### Expertise and Interest:

- Mental Health and Counseling

### Awards & Achievements

- Participated orientation programme of NHRC Project about quality assurance in Mental health care at NIMHANS, Bangalore

### Affiliations and memberships

- Pakistan Journal of Psychological Research
- Journal of Personality and Clinical Studies
- Psychological Association of India.

### Ongoing projects

- Memory and Difficulties in Emotional Regulation among patients with Obsessive Compulsive Disorder.
- Study of loneliness, Perceived social support, Self-regulation and Meaning in life among patients with Substance use Disorder.
- Relationship between Internet Addiction and Self-perception of Social relations, Physical appearance and Temperament among adolescents
- A study to assess the quality of life, and psychiatric comorbidity in patients with Breast Malignancy Stage I-III

### Contact email:

sadaqatrahman@gmail.com